

A stack of books with various colored spines (yellow, red, blue, orange, green, white, brown, pink, dark brown) is shown in a blurred, shallow depth-of-field perspective, creating a sense of depth and academic focus.

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## Short Communication

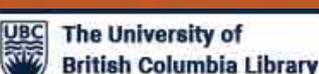
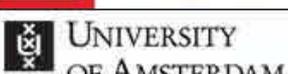
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### Analysis of the Impact of Tourmaline and Terahertz-Infused Clothing on Heart Rate Variability

Fu-Shih Chen\*, Hui-Yu Chung, You-Jia Chen, Peng-Yuan Li, Takashi Sasaki, Yoshihiro Ishikawa, Shigeharu Tanei and Ichiro Arai

**Medicine Group:** Clinical Cardiology

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